Meet Our Wellness Therapists

CLINICAL AROMATHERAPY

Bonita W. Shelby, CCA
Bonita embraced clinical aromatherapy while healing from breast cancer and became a Certified Clinical Aroma Therapist (CCA) through the international Institute of Spiritual Healing and Aromatherapy. So impressed with the amazing results she and others all over the world were experiencing with clinical aromatherapy, Bonita made a bold, mid-life career change and has been a practitioner for over a decade.

HOMEOPATHY

Dr. Dornaz Amini, Homeopath
Dr. Amini is a board certified classic homeopathic doctor and natural healthcare practitioner. She also utilizes principles of functional medicine in her practice. Dr. Amini enjoys combining up-to-date, evidence based science with age-old medicine and treats a wide spectrum of acute and chronic conditions. She treats both adults and Pediatrics with mental and physical conditions.

REFLEXOLOGY

Deirdre Ottengren, CR, CNC
Deirdre is a Certified Reflexologist, Certified Nutrition Consultant, Detoxification Treatment Specialist, Reiki Practitioner, and Wellness Coach. She combines many treatments to meet her client’s physical, mental or emotional needs. Her specialties are autoimmune dis-eases, infertility, fertility, nutritional balancing and stress. Having dealt with an almost debilitating dis-ease herself over twenty years ago, she has taken what she learned while going through her healing process and focuses that on every one of her clients for optimal wellness.

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