

Winter Wellness Renewal

At Paris Alexander Day Spa, we encourage your commitment to beauty and wellness this year with special prices on homeopathy, steam therapy, reflexology and more!

Be Well.

Homeopathic Medicine embraces a holistic and natural approach to the treatment of the patient; the focus is on the person as a whole, rather than merely on a diseased organ. By addressing all mental, emotional and physical symptoms; genetics and dispositions; as well as environmental and social factors, homeopathy identifies both excess and deficiencies and helps with rebalancing and healing.

2 hour initial consultation \$210 (reg. \$235) *Available Tuesday only.



Reflexology Detox Combo

Strengthen your immune system and boost lymphatic circulation with the detoxifying treatment of dry body brushing and a hot castor oil pack application on targeted areas of your body. Afterwards, a foot reflexology session addresses health imbalances that result from prolonged stress and circulatory stagnation.

90 minutes \$185 (Reg. \$205) *Available Monday, Wednesday, Thursday only.

Detoxify.

Steam Massage

Start your massage with a 15 minute steam to loosen your muscles, excrete toxins and boost circulation.

60 minutes \$90 (reg. \$105)

75 minutes \$110 (reg. \$125)



Purification and Detoxification Treatment

Practice this longstanding holistic tradition under the comfort and privacy of a modern, personal-use steam canopy. The therapy releases excess toxins stored in fat cells through the application of aromatherapy and botanical infused oils, organic detoxifying mud mask and lymphatic-centric massage.

90 minute \$135 (reg. \$150)

Series of 3 \$360

Restore & Rejuvenate.

Lemondrop Body Bliss

Bring your body into balance through the ancient practice of oil pulling. Our blend of organic cold-pressed coconut oil enhanced with lemon myrtle essential oil-rich in anti-bacterial agents, draws out impurities and nourishes the skin.

Using products infused with this holistic blend your body treatment begins with a gentle full body exfoliation, followed by a shoulder to toe application of warm pulling oil. You are then wrapped cocoon style in a warming blanket to activate absorption and stimulate detoxification. After a hot towel wipe down a blissful shea butter massage seals in the benefits.

90 minutes \$170 (Reg. \$190)



Offers are not valid with any other promotion, Spa Finder/Spa Week gift cards or ParisPoints. Offers expire March 17, 2019.

Paris Alexander Day Spa

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www.ParisAlexander.com, **202.466.8827**

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